



Seek

21 Days of Prayer & Fasting

2024

New Testament

Day 1	Matthew 1-12
Day 2	Matthew 13-24
Day 3	Matthew 25-28; Mark 1-8
Day 4	Mark 9-16; Luke 1-4
Day 5	Luke 5-16
Day 6	Luke 17-24; John 1-4
Day 7	John 5-16
Day 8	John 17-21; Acts 1-7
Day 9	Acts 8-19
Day 10	Acts 20-28; Romans 1-3
Day 11	Romans 4-16
Day 12	1 Corinthians 1-13
Day 13	1 Corinthians 14-16; 2 Corinthians 1-10
Day 14	2 Corinthians 11-13; Galatians 1-6; Ephesians 1-3
Day 15	Ephesians 4-6; Philippians 1-4; Colossians 1-4
Day 16	1 Thessalonians 1-5; 2 Thessalonians 1-3; 1 Timothy 1-6
Day 17	2 Timothy 1-4; Titus 1-3; Philemon; Hebrews 1-5
Day 18	Hebrews 6-13; James 1-5
Day 19	1 Peter 1-5; 2 Peter 1-3; 1 John 1-5
Day 20	2 John; 3 John; Jude; Revelation 1-10
Day 21	Revelation 11-22

Gospels & Acts

Day 1	Matthew 1-6
Day 2	Matthew 7-12
Day 3	Matthew 13-18
Day 4	Matthew 19-24
Day 5	Matthew 25-28, Mark 1-2
Day 6	Mark 3-8
Day 7	Mark 9-14
Day 8	Mark 15-16, Luke 1-4
Day 9	Luke 5-10
Day 10	Luke 11-16
Day 11	Luke 17-22
Day 12	Luke 23-24, John 1-4
Day 13	John 5-10
Day 14	John 11-16
Day 15	John 17-21
Day 16	Acts 1-5
Day 17	Acts 6-10
Day 18	Acts 11-15
Day 19	Acts 16-20
Day 20	Acts 20-25
Day 21	Acts 26-28

“Seek” 21 Days of Prayer and Fasting January 7-27

Seek is a time where Real Life seeks the Lord for His guidance, provision, and favor. We understand that God accomplishes His work by the power of His Spirit and through the prayers of His people.

Zechariah 4:6 “So he answered and said to me: ‘This is the word of the Lord to Zerubbabel: Not by might nor by power, but by My Spirit,’ Says the Lord of hosts.”

Matthew 7:7 “Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.”

Seek is designed for everyone. It does not matter how young or old you are. It doesn't matter if you're new to Real Life, or you have attended the church for years. Seek is a time for God's people to join their hearts in seeking the Lord until He comes and pours out His Spirit upon us.

Hosea 10:12 “Sow for yourselves righteousness; Reap in mercy; Break up your fallow ground, For it is time to seek the Lord, Till He comes and rains righteousness on you.”

Day 21

Scripture Reading: John 21, Psalm 21, Proverbs 21

Prayer Focus: Real Life Worship Ministry

Promise: Seek and you will find direction.

Proverbs 3:6

In all your ways submit to him, and he will make your paths straight.

Reflection

2. Remove Distractions. Our hearts can be distracted with the cares and pleasures of life. Let's eliminate some of the distractions of the internet or television during our 21 days. (Choose one or both).
 - You eliminate or reduce television and movies for 21 days.
 - You eliminate or reduce social media for 21 days.

3. Pray and intercede. When we fast but not pray, it is simply a diet. But when we fast and pray, God bends down from Heaven and listens. Seek is designed to be a corporate time of fasting and prayer.
 - Please attend as many prayer meetings as you can.
 - Please attend as many church services as you can.

4. Read the Word. Let us saturate our hearts with God's Word. God will speak to us from His Word when we fast. (Choose a Scripture reading challenge.)
 - Read a chapter of John, a Psalm and a Proverb each day.
 - Read the four Gospels and the Book of Acts. Schedule on Page 52
 - Read the entire New Testament. Schedule on Page 53

5. Journal. Let us reflect on what God is saying to us through our reading of the Word and our prayers. Let us meditate on God's promises and treasure His Word in our hearts. (Pick up a Seek journal to have as your guide.)

Prayer meeting schedule:

Tuesdays at 8:00AM (9th, 16th, 23rd)
Thursdays at Noon (11th, 18th, 25th)
Sundays at 8:15AM (7th, 14th, 21st)

Special Worship Night: January 27th, 6:30PM

FOR MORE INFORMATION VISIT:

youreallife.com/prayer-fasting

Prayer

Series of horizontal lines for writing prayer notes.

My main reason for fasting and praying for these 21 days is...

(choose only 1 as your main reason)

- I am seeking to know God more and to draw closer to Him.
- I am devoting myself to God in worship and prayer and fasting.
- I am repenting and seeking deliverance from sin.
- I am seeking God's help in a time of special need.
- I need God's wisdom, direction and inspiration.
- I am pursuing empowerment and the anointing of the Holy Spirit for ministry.
- I am called to fast and pray for revival in the church, the nation and the world.
- Other: _____

My objectives for these 21 days of prayer and fasting are...

(check all that apply to your heart)

- To declare my dependence on God.
- To ask for forgiveness.
- To refocus on eternity.
- To invite the presence of God into my life.
- To believe God for answers to specific needs.
- Other: _____

My Prayer List:

Prayer

Day 19

Scripture Reading: John 19, Psalm 19, Proverbs 19

Prayer Focus: Real Life Women's Ministry

Promise: Seek and you will find joy.

Psalm 70:4

But may all who seek you rejoice and be glad in you; may those who long for your saving help always say, "The LORD is great!"

Reflection

Day 1

Scripture Reading: John 1, Psalm 1, Proverbs 1

Prayer Focus: Real Life Kid's Ministry

Promise: Seek and you will find the Lord.

Deuteronomy 4:29

But if from there you seek the LORD your God, you will find him if you seek him with all your heart and with all your soul.

Reflection

Prayer

Day 18

Scripture Reading: John 18, Psalm 18, Proverbs 18

Prayer Focus: Real Life Impact Team

Promise: Seek and you will find life.

Psalm 69:32

The poor will see and be glad—
you who seek God, may your hearts live!

Reflection

Prayer

Day 17

Scripture Reading: John 17, Psalm 17, Proverbs 17

Prayer Focus: Real Life — Life Groups

Promise: Seek and you will find great reward.

Hebrews 11:6

And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.

Reflection

Prayer

Day 16

Scripture Reading: John 16, Psalm 16, Proverbs 16

Prayer Focus: Real Life Congregational Members

Promise: Seek and you will find the Holy Spirit.

Luke 11:9-10

Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. ¹⁰ For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.

Reflection

Prayer

Day 4

Scripture Reading: John 4, Psalm 4, Proverbs 4

Prayer Focus: Real Life Youth Ministry

Promise: Seek and you will find security

Psalms 9:10

Those who know your name trust in you, for you, LORD, have never forsaken those who seek you.

Reflection

Prayer

Day 13

Scripture Reading: John 13, Psalm 13, Proverbs 13

Prayer Focus: Real Life Staff Members

Promise: Seek and you will find righteousness.

Hosea 10:12

Sow righteousness for yourselves, reap the fruit of unfailing love, and break up your unplowed ground; for it is time to seek the LORD, until he comes and showers his righteousness on you.

Reflection

Prayer

Day 12

Scripture Reading: John 12, Psalm 12, Proverbs 12

Prayer Focus: The United States of America

Promise: Seek and you will find His favor.

Lamentations 3:25

The LORD is good to those whose hope is in him, to the one who seeks him.

Reflection

Prayer

Day 8

Scripture Reading: John 8, Psalm 8, Proverbs 8

Prayer Focus: Our Marriages & Families

Promise: Seek and you will be blessed.

Psalms 119:2

Blessed are those who keep his statutes and seek him with all their heart.

Reflection

Prayer
